

New Britain – Berlin YMCA Pool Schedule

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool	½ Pool				
6:00AM	Adult Lap 6 - 8		Adult Lap 6 - 8		Adult Lap 6 - 8		Adult Lap 6 - 8		Adult Lap 6 - 8									
6:30																		
7:00																		
7:30																		
8:00	Water Aerobics 8 - 9		Water Aerobics 8 - 9		Water Aerobics 8 - 9		Water Aerobics 8 - 9		Water Aerobics 8 - 9		Adult Lap 8 - 10							
8:30																		
9:00	Aquacise 9 - 10		Water Walking 9 - 10		Aquacise 9 - 10		Water Walking 9 - 10		Aquacise 9 - 10						YMCA Lessons & Sat. Adventure 10 - 12			
9:30																		
10:00	Open Pool 10-11 Adult Lap 11-1		½ Senior Social Hour ½ Swim Lessons 10 - 11		Open Pool 10 - 11 Adult Lap 11-1		Senior Social Hour 10 - 11 ½ DMR 10:00-11:00		½ 10-10:30 Swim Lessons Adult Lap 10 - 1		Family Swim 12 - 2							
10:30																		
11:00																		
11:30																		
12:00PM																		
12:30	Adult Open Pool 1 - 3		Adult Open Pool 1 - 3		Adult Open Pool 1 - 3:15		Adult Open Pool 1 - 3		Adult Open Pool 1 - 3		Adult Lap 2 - 4		Family Swim 1-3					
1:00																		
1:30																		
2:00																		
2:30																		
3:00	Adult Lap 3 - 4		Adult Lap 3 - 4		Teen Program 3:15 - 4		Adult Lap 3 - 4		Adult lap 3 - 4		Adult Lap 3-5							
3:30																		
4:00	YMCA Lessons & Youth Dept 4 - 5:30 Adult Lap from 4:45- 6:15 (one lane only)		YMCA Lessons & Youth Dept 4 - 6:15		YMCA Lessons & Youth Dept 4 - 6:15 Adult Lap from 4:45- 6:15 (one lane only)		YMCA Lessons & Youth Dept 4 - 5:30		YMCA Lessons & Youth Dept 4 - 5:30		Open Pool 4 - 6:30							
4:30																		
5:00																		
5:30																		
6:00	Adult Lap 6:15- 7:00 ½ Teen 7-8:00 ½ Family Swim 7-9:30		Adult Lap 6:15- 7:00 Open Pool 7-9:30		½ Adult Lap 6:15- 7:00 ½ Adult Lessons Family Swim 7-9:30		Teen 7 - 8		Open Pool 5:30-9:30		½ Adult Lap ½ Open pool 5:30-6:30 Family Swim 6:30-9:30							
6:30																		
7:00																		
7:30																		
8:00																		
8:30																		
9:00																		
9:30																		

Pool Schedule Effective 5/1/2008